Food safety and power outages

Some foods that have not been kept under temperature control for some time may not be safe to eat.

This may include:

- cooked meats
- dairy products
- cooked pasta and rice
- cooked meals with meat, fish or eggs
- prepared salads
- vegetables and fruit
- seafood.

They must be thrown out - if it hasn't been done already.

The basic rule is 'if in doubt, throw it out'.

